

Whatever the outcome it may also be useful to share your information with your:

GP - To ensure that they are aware of your caring responsibilities and to take this into consideration when you access their support

Human Resources/Personnel Dept - As a carer your employer should take into consideration your needs and consider options such as flexible working and carers leave. Many carers may have to take time off in an emergency or if the needs of the person they are caring for change.

Find out if your employer has policies and procedures to cover this. We may be able to help if you feel unable to talk to them.

What happens now that my assessment has been completed?

The person who has completed the care plan should follow through any identified actions in the agreed timescale and inform you of any progress.

November 2015

You are entitled to a review of your Carers Assessment particularly if there is a change to your own or the person you care for's needs.

To request a carers assessment or to request a review of your caring needs contact:
social_care_direct@wakefield.gov.uk
Telephone: 0345 8 503 503

For more information...

Please contact:
Carers Wakefield & District
Tel: (01924) 305544
E-mail: info@carerswakefield.org.uk
Website: www.carerswakefield.org.uk

Wakefield & District Carers Association
Registered Charity No. 1053295
A Company Limited by Guarantee registered in England No. 3143673

Working in partnership with

wakefieldcouncil
working for you
and

NHS

Wakefield District



Helping Carers Care

CARERS ASSESSMENT

CARERS are ordinary people whose lives change because they are looking after relatives or friends who cannot manage at home without help. This may be due to a long term health condition, a physical, sensory or learning disability, an addiction, a mental health condition or due to the effects of old age.

Caring can have a major impact on your life.

A carer's guide to a Carers Assessment.

25 King Street, Wakefield WF1 2SR
Telephone: (01924) 305544
E-mail: info@carerswakefield.org.uk
Website: www.carerswakefield.org.uk

What to expect...

A Carers Assessment is a legal responsibility to be undertaken by a Social Worker, who is linked into the team that the person you are caring for is receiving services from.

A Carer's Assessment will look at the different ways that caring affects your life and help you work out how you can carry on doing the things that are important to you and your family. Your physical and emotional wellbeing will be at the heart of this assessment. As a result of the assessment, you may be eligible for support from the Council, who should also offer you advice and guidance to help you with your caring responsibilities.

A Carers Assessment should take into consideration the following:

- The amount of care that you provide
- The nature of care that you provide i.e. personal care tasks, reminding someone to take their medication, paying of bills, accompanying the cared for to appointments etc
- Finance and benefits
- Whether you are working as well as caring

- Housing & adaptations that are required
- Responsibility for others including children
- Your own health and wellbeing both physical and emotional
- Your ability to continue to care for the person at the current level
- Whether you want to continue caring
- Time off from your caring responsibilities
- Respite
- The current care package that is being provided to the person you look after
- Your knowledge about the condition of the person you are looking after and if you require any further information
- Any risks either physically or mentally
- Your ability to work or undertake education
- Your leisure and social activities
- Contingency planning for an emergency

- Information about local support services for carers that can continue to support you in your caring role

Following the Carers Assessment...

The Local Authority (Council) will let you know whether you meet the eligibility criteria.

If you are eligible, then the Council must provide you with a Carer's Support Plan which shows the outcomes where you have eligible needs, and also how these needs will be met. This Support Plan will also indicate where you have needs which are already met, for example through a service to the person that you care for, or through services provided within the community. The Local Authority will need to work with you to decide on the most appropriate way to meet any remaining unmet needs identified in your assessment.

If you do not meet the eligibility criteria, then the Council will ensure that you are provided with advice and information to help you manage your needs as a carer. If your needs or caring responsibilities change, then you can ask for a re-assessment.